

Winter 2025 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 6 - Mar 10	Feb 17	9	\$103.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins				\$129.00
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM - 06:10 PM	Jump Off-Ice				\$16.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$48.00
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$114.00
	04:30 PM - 05:30 PM	Open Pilates Off-Ice				\$70.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 8 - Mar 12	-	10	\$114.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins				\$143.00
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM - 06:10 PM	Theory Off-Ice				-
	06:15 PM - 07:00 PM	Strength Off-Ice				\$53.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 9 - Mar 13	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 10 - Mar 14	-	10	\$49.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Jan 11 - Mar 8	-	9	\$129.00
	02:00 PM - 03:00 PM	Freeskate				
	03:15 PM - 04:15 PM	Ballet Off-Ice				\$63.00
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 12 - Mar 9	Feb 16	8	\$137.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$28.00

* Please note that there is a minimum number of skaters to be registered for this session.
If the minimum registration number is not met, this session will be cancelled.
More details on this will be communicated via email.

^ Update: Minimum has been met. Session will continue as planned.

Off-Ice Locations	
Jump	Rinkside
Stretch	Room 203
Pilates	Room 205
Strength	Rinkside
Ballet	Church

Last updated: Jan 6, 2025

Winter 2025 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 6 - Mar 10	Feb 17	9	\$103.00
	05:15 PM - 06:15 PM	Stretch Off-Ice				\$63.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$16.00
	06:45 PM - 07:00 PM	Spins				\$180.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$114.00
	04:30 PM - 05:30 PM	Open Pilates Off-Ice				\$70.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 8 - Mar 12	-	10	\$114.00
	05:15 PM - 06:15 PM	Strength Off-Ice				\$70.00
	06:20 PM - 06:35 PM	Theory Off-Ice				-
	06:45 PM - 07:00 PM	Spins				\$200.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 9 - Mar 13	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 10 - Mar 14	-	10	\$49.00
Saturday	02:00 PM - 03:00 PM	Ballet Off-Ice	Jan 11 - Mar 8	-	9	\$63.00
	03:15 PM - 04:15 PM	Freeskate				\$154.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 12 - Mar 9	Feb 16	8	\$137.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$28.00

* Please note that there is a minimum number of skaters to be registered for this session.
If the minimum registration number is not met, this session will be cancelled.
More details on this will be communicated via email.

^ Update: Minimum has been met. Session will continue as planned.

Off-Ice Locations	
Jump	Rinkside
Stretch	Room 203
Pilates	Room 205
Strength	Rinkside
Ballet	Church

Last updated: Jan 6, 2025

Spring Break 2025 Schedule CompSTAR



Day	Time	Session Type	Dates	Location	Price
Monday	06:30 AM - 08:00 AM	Open 1 Freeskate	Mar 17 & 24	Hillcrest	\$35.00
	08:00 AM - 09:15 AM	Open 2 Freeskate			\$29.00
	09:30 AM - 10:15 AM	Open 2 Jump Off-Ice			\$11.00
	01:00 PM - 02:30 PM	Open 3 Freeskate			\$35.00
	02:45 PM - 03:30 PM	Open 3 Jump Off-Ice		Kerrisdale	\$11.00
	06:30 PM - 07:30 PM	Junior Freeskate			\$23.00
	07:30 PM - 08:30 PM	Senior Freeskate			\$23.00
Tuesday	06:30 AM - 08:00 AM	Open 1 Freeskate	Mar 18 & 25	Hillcrest	\$35.00
	08:15 AM - 09:45 AM	Open 2 Freeskate			\$35.00
	10:00 AM - 10:45 AM	Open 2 Jump Off-Ice			\$11.00
	01:30 PM - 03:15 PM	Open 3 Freeskate			\$40.00
	03:30 PM - 04:15 PM	Open 3 Jump Off-Ice			\$11.00
	04:45 PM - 05:30 PM	Junior Jump Off-Ice	Mar 18		\$6.00
	05:45 PM - 06:45 PM	Junior Freeskate			\$12.00
	06:45 PM - 07:45 PM	Senior Freeskate			\$12.00
	08:00 PM - 08:45 PM	Senior Jump Off-Ice			\$6.00
Wednesday	06:30 AM - 08:00 AM	Open 1 Freeskate	Mar 19 & 26	Hillcrest	\$35.00
	08:15 AM - 09:45 AM	Open 2 Freeskate			\$35.00
	10:00 AM - 10:45 AM	Open 2 Jump Off-Ice			\$11.00
	06:30 PM - 07:30 PM	Junior Freeskate		Kerrisdale	\$23.00
	07:30 PM - 08:30 PM	Senior Freeskate			\$23.00
Thursday	04:45 PM - 05:30 PM	Junior Jump Off-Ice	Mar 27	Hillcrest	\$6.00
	05:45 PM - 06:45 PM	Junior Freeskate			\$12.00
	06:45 PM - 07:45 PM	Senior Freeskate			\$12.00
	08:00 PM - 08:45 PM	Senior Jump Off-Ice			\$6.00
Friday	08:15 AM - 09:45 AM	Open 1 Freeskate	Mar 21 & 28	Hillcrest	\$35.00
	10:00 AM - 10:45 AM	Open 1 Jump Off-Ice			\$11.00
	01:30 PM - 03:15 PM	Open 2 Freeskate			\$40.00
	03:30 PM - 04:15 PM	Open 2 Jump Off-Ice			\$11.00

- All Jump Off-Ice classes will be taking place at rinkside.

- Skaters are expected to be registered for both the Freeskate session and the accompanying Jump Off-Ice session (if applicable).

Addresses: **Hillcrest Rink**
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Kerrisdale Cyclone Taylor Arena
5670 East Blvd, Vancouver, BC V6M 3V2

Spring 2025 Schedule Junior



Day	Time	Session Type	Location	Dates	No Session	Weeks	Price
Monday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 7 - Jun 16	Apr 21, May 19	9	\$44.00
Tuesday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 8 - Jun 17	-	11	\$54.00
Wednesday	04:45 PM - 05:00 PM	Group Enrichment	Sunset	Apr 2 - Jun 18	-	12	\$171.00
	05:00 PM - 06:00 PM	Freeskate					\$84.00
	06:15 PM - 07:15 PM	Strength Off-Ice					
Thursday	05:15 PM - 06:15 PM	Stretch Off-Ice *	Hillcrest	Apr 3 - Jun 19	May 8, Jun 12, Jun 19	9	\$63.00
	06:30 PM - 06:45 PM	Group Enrichment			-	12	\$137.00
	06:45 PM - 07:30 PM	Freeskate					
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 4 - Jun 20	-	12	\$59.00
Saturday	03:45 PM - 04:00 PM	Group Enrichment	Sunset	Apr 5 - Jun 21	Apr 12	11	\$157.00
	04:00 PM - 05:00 PM	Freeskate					\$77.00
	05:15 PM - 06:15 PM	Pilates Off-Ice					
Sunday	09:00 AM - 09:15 AM	Group Enrichment	Planet Ice Delta **	There are 6 sessions for this term: - Apr 27 - May 4 & 11 - May 25 *** - Jun 15 & 22		6	\$86.00
	09:15 AM - 10:15 AM	Open Freeskate					\$86.00
	10:15 AM - 11:15 AM	Open Freeskate					\$86.00
	11:15 AM - 11:30 AM	Group Enrichment					\$21.00
	11:45 AM - 12:15 PM	Open Off-Ice					

* Off-Ice is located at Room 328, except for May 8, June 12, and June 19. On those dates, please wait at the rink lobby.

** For Planet Ice rink assignments, please check the TV screen at the lobby entrance upon every arrival.

*** Sunday, May 25 sessions shifts 30 minutes earlier (8:30am start) and changes location to Planet Ice Coquitlam.

Addresses: **Sunset Arena**
390 E 51st Ave, Vancouver, BC V5X 1C5

Hillcrest Arena
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Planet Ice Delta
10388 Nordel Ct, Delta, BC V4G 1J7

Planet Ice Coquitlam
2300 Rocket Way, Coquitlam, BC V3K 6Z2

Spring 2025 Schedule Senior



Day	Time	Session Type	Location	Dates	No Session	Weeks	Price
Monday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 7 - Jun 16	Apr 21, May 19	9	\$44.00
Tuesday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 8 - Jun 17	-	11	\$54.00
Wednesday	05:00 PM - 06:00 PM	Strength Off-Ice	Sunset	Apr 2 - Jun 18	Apr 30	11	\$77.00
	06:15 PM - 07:15 PM	Freeskate			-	12	\$171.00
	07:15 PM - 07:30 PM	Group Enrichment					
Thursday	06:15 PM - 07:15 PM	Stretch Off-Ice *	Hillcrest	Apr 3 - Jun 19	May 8, Jun 12, Jun 19	9	\$63.00
	07:30 PM - 07:45 PM	Spins			-	12	\$206.00
	07:45 PM - 08:45 PM	Freeskate					
	08:45 PM - 09:00 PM	Group Enrichment					
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sunset	Apr 4 - Jun 20	-	12	\$59.00
Saturday	04:00 PM - 05:00 PM	Pilates Off-Ice	Sunset	Apr 5 - Jun 21	Apr 12		\$77.00
	05:15 PM - 05:30 PM	Spins				11	\$189.00
	05:30 PM - 06:30 PM	Freeskate					
	06:30 PM - 06:45 PM	Group Enrichment					
Sunday	09:00 AM - 09:15 AM	Group Enrichment	Planet Ice Delta **	There are 6 sessions for this term: - Apr 27 - May 4 & 11 - May 25 *** - Jun 15 & 22		6	\$86.00
	09:15 AM - 10:15 AM	Open Freeskate					
	10:15 AM - 11:15 AM	Open Freeskate					\$86.00
	11:15 AM - 11:30 AM	Group Enrichment					
	11:45 AM - 12:15 PM	Open Off-Ice					\$21.00

* Off-Ice is located at Dressing Room 2.

** For Planet Ice rink assignments, please check the TV screen at the lobby entrance upon every arrival.

*** Sunday, May 25 sessions shifts 30 minutes earlier (8:30am start) and changes location to Planet Ice Coquitlam.

Addresses: **Sunset Arena**
390 E 51st Ave, Vancouver, BC V5X 1C5

Hillcrest Arena
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Planet Ice Delta
10388 Nordel Ct, Delta, BC V4G 1J7

Planet Ice Coquitlam
2300 Rocket Way, Coquitlam, BC V3K 6Z2

Summer 2025 Schedule Junior



Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	12:15 PM - 01:15 AM	Jump Off-Ice	Hillcrest	Jul 7 - Aug 4	5	\$35.00
	01:30 PM - 02:15 PM	Freeskate				\$57.00
	02:15 PM - 02:30 PM	Group Enrichment *				
Tuesday	05:00 PM - 06:00 PM	Ballet Off-Ice	Hillcrest	Jul 8 - Aug 5	5	\$35.00
	06:15 PM - 06:30 PM	Group Enrichment				\$72.00
	06:30 PM - 07:30 PM	Freeskate				
Wednesday	09:00 AM - 10:00 AM	Open Freeskate 1	Trout Lake	Jul 2 - Aug 6	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	05:30 PM - 06:30 PM	Fitness Off-Ice	Sunset			\$42.00
	06:45 PM - 07:00 PM	Group Enrichment				\$69.00
	07:00 PM - 07:45 PM	Freeskate				
Thursday	09:00 AM - 10:00 AM	Open Freeskate 1 **	Trout Lake	Jul 3 - Aug 7	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	05:00 PM - 06:00 PM	Stretch Off-Ice	Hillcrest			\$42.00
	06:30 PM - 06:45 PM	Group Enrichment				\$69.00
	06:45 PM - 07:30 PM	Freeskate				
Friday	08:00 AM - 08:45 AM	Open Freeskate 1	Hillcrest	Jul 4 - Aug 8	6	\$52.00
	08:45 AM - 09:30 AM	Open Freeskate 2				\$69.00
	09:30 AM - 09:45 AM	Open Group Enrichment				
	10:00 AM - 10:45 AM	Open Jump Off-Ice				\$32.00
	05:15 PM - 06:15 PM	Pilates Off-Ice				\$42.00
	06:45 PM - 07:30 PM	Freeskate				\$52.00

* Group Enrichment is together with the Senior skaters.

** All Open Freeskate sessions are open to skaters in STAR 2 and up. **Only Thursday Open 1 is open to all levels.**

Addresses: **Hillcrest Arena**
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Trout Lake Rink
3360 Victoria Dr, Vancouver, BC V5N 4M4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinksides
Ballet	rm 328
Fitness	upstairs
Stretch	rm 328
Pilates	rm 328

Last updated: June 12, 2025

Summer 2025 Schedule Senior



Day	Time	Session Type	Location	Dates	Weeks	Price
Monday	02:15 PM - 02:30 PM	Group Enrichment *	Hillcrest	Jul 7 - Aug 4	5	\$72.00
	02:30 PM - 03:30 PM	Freeskate				
	03:45 PM - 04:45 PM	Jump Off-Ice				\$35.00
Tuesday	04:00 PM - 04:45 PM	Ballet Off-Ice	Hillcrest	Jul 8 - Aug 5	5	\$27.00
	05:00 PM - 06:00 PM	Freeskate				
	06:00 PM - 06:15 PM	Group Enrichment				\$72.00
Wednesday	09:00 AM - 10:00 AM	Open Freeskate 1	Trout Lake	Jul 2 - Aug 6	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	06:30 PM - 07:30 PM	Fitness Off-Ice	Sunset			\$42.00
	08:00 PM - 09:00 PM	Freeskate				\$69.00
Thursday	09:00 AM - 10:00 AM	Open Freeskate 1 **	Trout Lake	Jul 3 - Aug 7	6	\$69.00
	10:00 AM - 11:00 AM	Open Freeskate 2				\$69.00
	11:30 AM - 12:00 PM	Open Jump Off-Ice				\$21.00
	04:00 PM - 05:00 PM	Stretch Off-Ice	\$42.00			
	05:15 PM - 06:15 PM	Freeskate	Hillcrest			\$86.00
	06:15 PM - 06:30 PM	Group Enrichment				
Friday	08:00 AM - 08:45 AM	Open Freeskate 1	Hillcrest	Jul 4 - Aug 8	6	\$52.00
	08:45 AM - 09:30 AM	Open Freeskate 2				\$69.00
	09:30 AM - 09:45 AM	Open Group Enrichment				
	10:00 AM - 10:45 AM	Open Jump Off-Ice				\$32.00
	06:15 PM - 07:15 PM	Pilates Off-Ice				\$42.00
	07:30 PM - 08:30 PM	Freeskate				\$86.00
	08:30 PM - 08:45 PM	Group Enrichment				

* Group Enrichment is together with the Senior skaters.

** All Open Freeskate sessions are open to skaters in STAR 2 and up. Only Thursday Open 1 is open to all levels.

Addresses: **Hillcrest Arena**
4575 Clancy Loranger Way, Vancouver, BC V5Y 2M4

Trout Lake Rink
3360 Victoria Dr, Vancouver, BC V5N 4M4

Sunset Arena
390 E 51st Ave, Vancouver, BC V5X 1C5

Off-Ice Locations	
Jump	rinksides
Ballet	rm 322
Fitness	upstairs
Stretch	rm 322
Pilates	rm 328

Last updated: June 12, 2025

August Off-Season 2025 Schedule Junior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 11	12:15 PM - 01:15 PM	Jump Off-Ice	Sunset	\$7.00
		01:30 PM - 02:15 PM	Freeskate		\$12.00
		02:15 PM - 02:30 PM	Group Enrichment *		
	Wednesday, August 13	06:30 PM - 09:00 PM	Simulation		\$10.00
	Thursday, August 14	05:00 PM - 05:45 PM	Freeskate		\$9.00
		06:00 PM - 06:30 PM	Jump Off-Ice		\$4.00
	Friday, August 15	06:30 PM - 07:30 PM	Freeskate		\$12.00
2 **	Monday, August 18	10:00 AM - 11:00 AM	Open Freeskate 1	Trout Lake	\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Tuesday, August 19	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Wednesday, August 20	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Thursday, August 21	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Friday, August 22	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00

* Group Enrichment is together with the Senior skaters.

** These Open Sessions are only for our club skaters at levels STAR 2 and up.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: July 24, 2025

August Off-Season 2025 Schedule Senior



Week	Date	Time	Session Type	Location	Price
1	Monday, August 11	02:15 PM - 02:30 PM	Group Enrichment *	Sunset	\$15.00
		02:30 PM - 03:30 PM	Freeskate		
		03:45 PM - 04:45 PM	Jump Off-Ice		\$7.00
	Wednesday, August 13	06:30 PM - 09:00 PM	Simulation		\$10.00
	Thursday, August 14	03:15 PM - 03:45 PM	Jump Off-Ice		\$4.00
		04:00 PM - 05:00 PM	Freeskate		\$12.00
	Friday, August 15	07:30 PM - 08:30 PM	Freeskate		\$15.00
		08:30 PM - 08:45 PM	Group Enrichment		
2 **	Monday, August 18	10:00 AM - 11:00 AM	Open Freeskate 1	Trout Lake	\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Tuesday, August 19	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Wednesday, August 20	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Thursday, August 21	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00
	Friday, August 22	10:00 AM - 11:00 AM	Open Freeskate 1		\$12.00
		11:00 AM - 12:00 PM	Open Freeskate 2		\$12.00
		12:15 PM - 12:45 PM	Open Jump Off-Ice		\$4.00

* Group Enrichment is together with the Junior skaters.

** These Open Sessions are only for our club skaters at levels STAR 2 and up.

Addresses:

Sunset Arena

390 E 51st Ave, Vancouver, BC V5X 1C5

Trout Lake Rink

3360 Victoria Dr, Vancouver, BC V5N 4M4

Last updated: July 24, 2025